

# Type 2 Diabetes In Internal Medicine Practice Experience Sharings 3

6-7 June 2026 | Pullman Old Town Hotel, Riga



Università  
di Catania



CoEHAR

## Scientific Program

Saturday, June 6

- 09:00 – 09:30 Opening Speech (Welcome Speech Only)  
*Speakers: Prof. Hamit Yıldız, Prof. Teslime Ayaz, Prof. Riccardo Polosa*
- 09:30 – 10:15 Management of Type 2 Diabetes Patients Who Smoke  
*Speaker: Prof. Riccardo Polosa*
- 10:15 – 10:30 **Coffee Break**
- 10:30 – 11:15 Real-World Effectiveness of SGLT2 Inhibitors  
*Speaker: Prof. Hamit Yıldız*
- 11:15 – 12:00 Role of Lipid Acid in Metabolic Syndrome  
*Speaker: Prof. Giovanni Li Volti*
- 12:00 – 12:15 **Coffee Break**
- 12:15 – 13:00 Type 2 Diabetes Treatment with Clinical Cases  
*Speaker: Prof. Teslime Ayaz*
- 13:00 – 14:00 **Lunch**
- 14:00 – 15:00 Cardiovascular Protection in Patients with Type 2 Diabetes  
*Speaker: Prof. Hamit Yıldız*
- 15:00 – 15:30 **Coffee Break**
- 15:30 – 17:00 The Critical Role of Early Combination Treatment in Type 2 Diabetes  
*Speaker: Prof. Teslime Ayaz*

Sunday, June 7

- 09:00 – 10:00 The Role of Internal Medicine in Preventing Complications  
*Speaker: Prof. Hamit Yıldız*
- 10:00 – 11:00 Hypoglycemia  
*Speaker: Prof. Teslime Ayaz*
- 11:00 – 12:00 Glucotoxicity  
*Speaker: Prof. Hamit Yıldız*
- 12:00 – 13:30 **Lunch**
- 13:30 – 15:30 Cases with Questions  
*Speakers: Prof. Teslime Ayaz & Prof. Hamit Yıldız*
- 15:30 – 16:00 **Coffee Break**
- 16:00 – 17:00 Take Home Messages and Closing Remarks  
*Speaker: Prof. Teslime Ayaz*

For registration, accommodation and other details, please contact:

Mr. Dincer Aydin - Türk Ekspres  
dincer.aydin@turkekspres.com.tr  
Tel. +90 549 203 58 94